



Rate Guide

**Upstate New
York Small
Group (1-100)**



Q1 2026 Rates

Region: Area 3 (Delaware, Dutchess, Orange, Putnam, Sullivan, Ulster Counties)

**United
Healthcare**

COPAY PLANS	Platinum					
	NY P CHC + NG 15/25/100 POS 26 EP3F	NY P SEL + NG 15/25/100 POS 26 EP3U	NY P CHC NG 15/25/100 EPO 26 EP3H	NY P SEL NG 15/25/100 EPO 26 EP3N	NY P CHC NG 10/25/100 EPO 26 EP39	NY P CHC + NG 10/30/100 POS 26 EP3K
COPAYMENTS						
In-Network PCP Copay	\$15	\$15	\$15	\$15	\$10	\$10
In-Network Specialist Copay	\$25	\$25	\$25	\$25	\$25	\$30
In-Network Hospital Copay	\$500 Admit	\$500 Admit	\$500 Admit	\$500 Admit	\$1,000 Admit	\$500 Admit
In-Network Emergency Room Copay	\$300	\$300	\$300	\$300	\$200	\$250
DEDUCTIBLES						
In-Network Deductible	\$0 / \$0	\$0 / \$0	\$0 / \$0	\$0 / \$0	\$0 / \$0	\$0 / \$0
Non-Network Deductible	\$5,000 / \$10,000	\$5,000 / \$10,000	N/A	N/A	N/A	\$5,000 / \$10,000
COINSURANCE						
In-Network Coinsurance	100%	100%	100%	100%	100%	100%
Non-Network Coinsurance	80%	80%	N/A	N/A	N/A	50%
OUT-OF-POCKET MAXIMUM (OOPM)						
In-Network OOPM	\$5,500 / \$11,000	\$5,500 / \$11,000	\$5,500 / \$11,000	\$5,500 / \$11,000	\$7,000 / \$14,000	\$5,000 / \$10,000
Non-Network OOPM	\$10,000 / \$20,000	\$10,000 / \$20,000	N/A	N/A	N/A	\$10,000 / \$20,000
PHARMACY						
Deductible	N/A	N/A	N/A	N/A	\$50 D on T2 & T3	N/A
Copays	\$5 / \$25 / \$50	\$5 / \$25 / \$50	\$5 / \$25 / \$50	\$5 / \$25 / \$50	\$5 / \$30 / \$60	\$5 / \$30 / 50%
RATES						
Employee	\$1,532.86	\$1,518.68	\$1,516.29	\$1,501.96	\$1,508.14	\$1,498.73
Employee + Spouse	\$3,065.72	\$3,037.36	\$3,032.58	\$3,003.92	\$3,016.28	\$2,997.46
Employee + Child(ren)	\$2,605.86	\$2,581.76	\$2,577.69	\$2,553.33	\$2,563.84	\$2,547.84
Full Family	\$4,368.66	\$4,328.26	\$4,321.44	\$4,280.60	\$4,298.22	\$4,271.39

COPAY PLANS	Platinum			
	NY P SEL + NG 10/30/100 POS 26 EP3V	NY P SEL NG 10/30/100 EPO 26 EP3P	NY P CHC + NG 10/40/80 POS 26 EP4C	NY P CHC NG 10/40/80 EPO 26 EP4D
COPAYMENTS				
In-Network PCP Copay	\$10	\$10	Adult: \$10 Child: \$0	Adult: \$10 Child: \$0
In-Network Specialist Copay	\$30	\$30	\$40 / \$80	\$40 / \$80
In-Network Hospital Copay	\$500 Admit	\$500 Admit	20%	20%
In-Network Emergency Room Copay	\$250	\$250	20%	20%
DEDUCTIBLES				
In-Network Deductible	\$0 / \$0	\$0 / \$0	\$0 / \$0	\$0 / \$0
Non-Network Deductible	N/A	N/A	\$5,000 / \$10,000	N/A
COINSURANCE				
In-Network Coinsurance	100%	100%	80%	80%
Non-Network Coinsurance	N/A	N/A	50%	N/A
OUT-OF-POCKET MAXIMUM (OOPM)				
In-Network OOPM	\$5,000 / \$10,000	\$5,000 / \$10,000	\$3,700 / \$7,400	\$3,700 / \$7,400
Non-Network OOPM	N/A	N/A	\$10,000 / \$20,000	N/A
PHARMACY				
Deductible	N/A	N/A	N/A	N/A
Copays	\$5 / \$30 / 50%	\$5 / \$30 / 50%	\$5 / \$40 / \$80	\$5 / \$40 / \$80
RATES				
Employee	\$1,484.82	\$1,468.67	\$1,453.22	\$1,437.35
Employee + Spouse	\$2,969.64	\$2,937.34	\$2,906.44	\$2,874.70
Employee + Child(ren)	\$2,524.19	\$2,496.74	\$2,470.47	\$2,443.50
Full Family	\$4,231.75	\$4,185.73	\$4,141.69	\$4,096.47

COPAY PLANS	Gold					
	NY G CHC NG 30/65/450/100 EPO 26 EP3L	NY G CHC NG 40/70/100 EPO 26 EP3I	NY G CHC + NG 40/60/1100/80 POS 26 EP3E	NY G SEL + NG 40/60/1100/80 POS 26 EP3W	NY G CHC NG 40/60/1100/80 EPO 26 EP3G	NY G CHC + NG 40/60/1700/80 POS 26 EP4B
COPAYMENTS						
In-Network PCP Copay	\$30	\$40	\$40	\$40	\$40	\$40
In-Network Specialist Copay	\$65	\$70	\$60	\$60	\$60	\$60
In-Network Hospital Copay	Ded + \$1,500 Admit	\$1,500 Admit	Ded + 20%	Ded + 20%	Ded + 20%	Ded + 20%
In-Network Emergency Room Copay	Ded + \$400	\$650	\$250	\$250	\$250	\$250
DEDUCTIBLES						
In-Network Deductible	\$450 / \$900	\$0 / \$0	\$1,100 / \$2,200	\$1,100 / \$2,200	\$1,100 / \$2,200	\$1,700 / \$3,400
Non-Network Deductible	N/A	N/A	\$5,000 / \$10,000	\$5,000 / \$10,000	N/A	\$5,000 / \$10,000
COINSURANCE						
In-Network Coinsurance	100%	100%	80%	80%	80%	80%
Non-Network Coinsurance	N/A	N/A	60%	60%	N/A	60%
OUT-OF-POCKET MAXIMUM (OOPM)						
In-Network OOPM	\$9,900 / \$19,800	\$9,200 / \$18,400	\$8,500 / \$17,000	\$8,500 / \$17,000	\$8,500 / \$17,000	\$8,500 / \$17,000
Non-Network OOPM	N/A	N/A	\$10,000 / \$20,000	\$10,000 / \$20,000	N/A	\$10,000 / \$20,000
PHARMACY						
Deductible	N/A	N/A	N/A	N/A	N/A	N/A
Copays	\$10 / \$50 / \$100	\$15 / \$100 / 50%	\$15 / \$50 / 50% up to \$800	\$15 / \$50 / 50% up to \$800	\$15 / \$50 / 50% up to \$800	\$15 / \$50 / 50% up to \$800
RATES						
Employee	\$1,331.02	\$1,310.09	\$1,290.14	\$1,278.20	\$1,273.85	\$1,277.78
Employee + Spouse	\$2,662.04	\$2,620.18	\$2,580.28	\$2,556.40	\$2,547.70	\$2,555.56
Employee + Child(ren)	\$2,262.73	\$2,227.15	\$2,193.24	\$2,172.94	\$2,165.55	\$2,172.23
Full Family	\$3,793.42	\$3,733.77	\$3,676.91	\$3,642.88	\$3,630.49	\$3,641.69

COPAY PLANS	Gold				
	NY G SEL + NG 15/30/1750/80 POS 26 EP3Y	NY G CHC NG 15/30/1750/80 EPO 26 EP3A	NY G SEL NG 15/30/1750/80 EPO 26 EP3X	NY G CHC + NG 15/50/2500/75 POS 26 EP4E	NY G CHC NG 15/50/2500/75 EPO 26 EP4F
COPAYMENTS					
In-Network PCP Copay	\$15	\$15	\$15	Adult: \$15 Child: \$0	Adult: \$15 Child: \$0
In-Network Specialist Copay	\$30	\$30	\$30	\$50 / \$100	\$50 / \$100
In-Network Hospital Copay	Ded + 20%	Ded + 20%	Ded + 20%	Ded + 25%	Ded + 25%
In-Network Emergency Room Copay	\$400	\$400	\$400	Ded + 25%	Ded + 25%
DEDUCTIBLES					
In-Network Deductible	\$1,750 / \$3,500	\$1,750 / \$3,500	\$1,750 / \$3,500	\$2,500 / \$5,000	\$2,500 / \$5,000
Non-Network Deductible	\$10,000 / \$20,000	N/A	N/A	\$10,000 / \$20,000	N/A
COINSURANCE					
In-Network Coinsurance	80%	80%	80%	75%	75%
Non-Network Coinsurance	50%	N/A	N/A	50%	N/A
OUT-OF-POCKET MAXIMUM (OOPM)					
In-Network OOPM	\$8,600 / \$17,200	\$8,600 / \$17,200	\$8,600 / \$17,200	\$7,150 / \$14,300	\$7,150 / \$14,300
Non-Network OOPM	\$20,000 / \$40,000	N/A	N/A	\$20,000 / \$40,000	N/A
PHARMACY					
Deductible	N/A	N/A	N/A	N/A	N/A
Copays	\$10 / \$65 / 50% up to \$800	\$10 / \$65 / 50% up to \$800	\$10 / \$65 / 50% up to \$800	\$10 / \$50 / \$100	\$10 / \$50 / \$100
RATES					
Employee	\$1,260.93	\$1,258.96	\$1,247.16	\$1,228.90	\$1,216.68
Employee + Spouse	\$2,521.86	\$2,517.92	\$2,494.32	\$2,457.80	\$2,433.36
Employee + Child(ren)	\$2,143.58	\$2,140.23	\$2,120.17	\$2,089.13	\$2,068.36
Full Family	\$3,593.66	\$3,588.05	\$3,554.42	\$3,502.38	\$3,467.56

COPAY PLANS	Silver				Bronze	
	NY S CHC + NG 40/80/3750/80 POS 26 EP35	NY S CHC + NG 15/50/7000/75 POS 26 EP4G	NY S CHC NG 15/50/7000/75 EPO 26 EP4H	NY S CHC NG 30/75/4250/50 EPO 26 EP3B	NY B CHC NG 35/60/6150/70 EPO 26 EP3M	
COPAYMENTS						
In-Network PCP Copay	Ded + \$40	Adult: \$15 Child: \$0	Adult: \$15 Child: \$0	\$30	Ded + \$35	
In-Network Specialist Copay	Ded + \$80	\$50 / \$100	\$50 / \$100	\$75	Ded + \$60	
In-Network Hospital Copay	Ded + 20%	Ded + 25%	Ded + 25%	Ded + 50%	Ded + 30%	
In-Network Emergency Room Copay	Ded + \$500	Ded + 25%	Ded + 25%	Ded + \$900	Ded + \$350	
DEDUCTIBLES						
In-Network Deductible	\$3,750 / \$7,500	\$7,000 / \$14,000	\$7,000 / \$14,000	\$4,250 / \$8,500	\$6,150 / \$12,300	
Non-Network Deductible	\$6,000 / \$12,000	\$10,000 / \$20,000	N/A	N/A	N/A	
COINSURANCE						
In-Network Coinsurance	80%	75%	75%	50%	70%	
Non-Network Coinsurance	60%	50%	N/A	N/A	N/A	
OUT-OF-POCKET MAXIMUM (OOPM)						
In-Network OOPM	\$9,300 / \$18,600	\$9,700 / \$19,400	\$9,700 / \$19,400	\$9,100 / \$18,200	\$9,200 / \$18,400	
Non-Network OOPM	\$10,000 / \$20,000	\$20,000 / \$40,000	N/A	N/A	N/A	
PHARMACY						
Deductible	N/A	\$100 D on T2 & T3	\$100 D on T2 & T3	\$100 D on T2 & T3	Same as medical	
Copays	\$5 / \$45 / \$90	\$10 / \$50 / \$100	\$10 / \$50 / \$100	\$15 / \$65 / 50% up to \$800	\$10 / \$40 / \$60	
RATES						
Employee	\$1,110.35	\$1,100.94	\$1,088.72	\$1,087.74	\$1,020.04	
Employee + Spouse	\$2,220.70	\$2,201.88	\$2,177.44	\$2,175.48	\$2,040.08	
Employee + Child(ren)	\$1,887.60	\$1,871.60	\$1,850.82	\$1,849.16	\$1,734.07	
Full Family	\$3,164.51	\$3,137.69	\$3,102.86	\$3,100.07	\$2,907.13	

DEDUCTIBLE HSA	Gold					
	NY G CHC NG 1800/100 EPO HSA 26 EP3Q	NY G SEL NG 1800/100 EPO HSA 26 EP3S	NY G CHC NG 1800/80 EPO HSA 26 EP3C	NY G CHC + NG 3500/100 POS HSA 26 EP4A	NY G CHC NG 2500/100 EPO HSA 26 EP3R	NY G SEL NG 2500/100 EPO HSA 26 EP3T
COPAYMENTS						
In-Network PCP Copay	Ded + 0%	Ded + 0%	Ded + 20%	Ded + 0%	Ded + 0%	Ded + 0%
In-Network Specialist Copay	Ded + 0%	Ded + 0%	Ded + 20%	Ded + 0%	Ded + 0%	Ded + 0%
In-Network Hospital Copay	Ded + \$1,200 Admit	Ded + \$1,200 Admit	Ded + 20%	Ded + 0%	Ded + \$1,200 Admit	Ded + \$1,200 Admit
In-Network Emergency Room Copay	Ded + \$500	Ded + \$500	Ded + 20%	Ded + 0%	Ded + \$500	Ded + \$500
DEDUCTIBLES						
In-Network Deductible	\$1,800 / \$3,600	\$1,800 / \$3,600	\$1,800 / \$3,600	\$3,500 / \$7,000	\$2,500 / \$5,000	\$2,500 / \$5,000
Non-Network Deductible	N/A	N/A	N/A	\$5,000 / \$10,000	N/A	N/A
COINSURANCE						
In-Network Coinsurance	100%	100%	80%	100%	100%	100%
Non-Network Coinsurance	N/A	N/A	N/A	70%	N/A	N/A
OUT-OF-POCKET MAXIMUM (OOPM)						
In-Network OOPM	\$5,500 / \$8,900	\$5,500 / \$8,900	\$5,000 / \$10,000	\$3,500 / \$7,000	\$5,500 / \$8,900	\$5,500 / \$8,900
Non-Network OOPM	N/A	N/A	N/A	\$10,000 / \$20,000	N/A	N/A
PHARMACY INCLUDING CORE PLUS PREVENTIVE PDL						
Deductible	Same as medical	Same as medical	Same as medical	Same as medical	Same as medical	Same as medical
Copays	\$5 / \$45 / \$90	\$5 / \$45 / \$90	\$5 / \$45 / \$90	Ded + 0%	\$5 / \$45 / \$90	\$5 / \$45 / \$90
RATES						
Employee	\$1,277.50	\$1,265.56	\$1,250.39	\$1,259.10	\$1,239.86	\$1,228.34
Employee + Spouse	\$2,555.00	\$2,531.12	\$2,500.78	\$2,518.20	\$2,479.72	\$2,456.68
Employee + Child(ren)	\$2,171.75	\$2,151.45	\$2,125.66	\$2,140.47	\$2,107.76	\$2,088.18
Full Family	\$3,640.89	\$3,606.86	\$3,563.62	\$3,588.45	\$3,533.61	\$3,500.78

DEDUCTIBLE HSA	Silver						
	NY S SEL NG 30/50/3000/100 EPO HSA 26 EP3O	NY S CHC NG 30/50/3000/100 EPO HSA 26 EP36	NY S CHC + NG 30/50/3000/100 POS HSA 26 EP3J	NY S CHC + NG 30/60/3250/90 POS HSA 26 EP37	NY S CHC + NG 30/60/3250/90 POS HSA 26 EP38	NY S CHC NG 3400/80 EPO HSA 26 EP3D	NY S CHC NG 5100/100 EPO HSA 26 EP3Z
COPAYMENTS							
In-Network PCP Copay	Ded + \$30	Ded + \$30	Ded + \$30	Ded + \$30	Ded + \$30	Ded + 20%	Ded + 0%
In-Network Specialist Copay	Ded + \$50	Ded + \$50	Ded + \$50	Ded + \$60	Ded + \$60	Ded + 20%	Ded + 0%
In-Network Hospital Copay	Ded + \$1,500 Admit	Ded + \$1,500 Admit	Ded + \$1,500 Admit	Ded + 10%	Ded + 10%	Ded + 20%	Ded + 0%
In-Network Emergency Room Copay	Ded + \$500	Ded + \$500	Ded + \$500	Ded + 10%	Ded + 10%	Ded + 20%	Ded + 0%
DEDUCTIBLES							
In-Network Deductible	\$3,000 / \$6,000	\$3,000 / \$6,000	\$3,000 / \$6,000	\$3,250 / \$6,500	\$3,250 / \$6,500	\$3,400 / \$6,800	\$5,100 / \$10,200
Non-Network Deductible	N/A	N/A	\$5,000 / \$10,000	\$5,000 / \$10,000	\$5,000 / \$10,000	N/A	N/A
COINSURANCE							
In-Network Coinsurance	100%	100%	100%	90%	90%	80%	100%
Non-Network Coinsurance	N/A	N/A	50%	50%	80%	N/A	N/A
OUT-OF-POCKET MAXIMUM (OOPM)							
In-Network OOPM	\$8,300 / \$16,600	\$8,300 / \$16,600	\$8,300 / \$16,600	\$7,850 / \$15,700	\$7,850 / \$15,700	\$8,300 / \$16,600	\$8,500 / \$17,000
Non-Network OOPM	N/A	N/A	\$10,000 / \$20,000	\$10,000 / \$20,000	\$10,000 / \$20,000	N/A	N/A
PHARMACY INCLUDING CORE PLUS PREVENTIVE PDL							
Deductible	Same as medical	Same as medical	Same as medical	Same as medical	Same as medical	Same as medical	Same as medical
Copays	\$10 / \$40 / \$60	\$10 / \$40 / \$60	\$10 / \$40 / \$60	\$15 / \$35 / \$75	\$15 / \$35 / \$75	\$15 / \$35 / \$75	\$15 / \$35 / \$75
RATES							
Employee	\$1,122.85	\$1,132.40	\$1,147.57	\$1,138.87	\$1,146.03	\$1,102.06	\$1,098.69
Employee + Spouse	\$2,245.70	\$2,264.80	\$2,295.14	\$2,277.74	\$2,292.06	\$2,204.12	\$2,197.38
Employee + Child(ren)	\$1,908.85	\$1,925.08	\$1,950.87	\$1,936.08	\$1,948.25	\$1,873.50	\$1,867.77
Full Family	\$3,200.14	\$3,227.35	\$3,270.59	\$3,245.79	\$3,266.20	\$3,140.88	\$3,131.27

DEDUCTIBLE HSA	Bronze			
	NY B CHC NG 7750/100 EPO HSA 26 EP32	NY B CHC + NG 7750/100 POS HSA 26 EP29	NY B CHC NG 6000/70 EPO HSA 26 EP34	NY B CHC + NG 6000/70 POS HSA 26 EP33
COPAYMENTS				
In-Network PCP Copay	Ded + 0%	Ded + 0%	Ded + 30%	Ded + 30%
In-Network Specialist Copay	Ded + 0%	Ded + 0%	Ded + 30%	Ded + 30%
In-Network Hospital Copay	Ded + 0%	Ded + 0%	Ded + 30%	Ded + 30%
In-Network Emergency Room Copay	Ded + 0%	Ded + 0%	Ded + 50%	Ded + 50%
DEDUCTIBLES				
In-Network Deductible	\$7,750 / \$15,500	\$7,750 / \$15,500	\$6,000 / \$12,000	\$6,000 / \$12,000
Non-Network Deductible	N/A	\$10,000 / \$20,000	N/A	\$10,000 / \$20,000
COINSURANCE				
In-Network Coinsurance	100%	100%	70%	70%
Non-Network Coinsurance	N/A	50%	N/A	50%
OUT-OF-POCKET MAXIMUM (OOPM)				
In-Network OOPM	\$7,750 / \$15,500	\$7,750 / \$15,500	\$8,300 / \$16,600	\$8,300 / \$16,600
Non-Network OOPM	N/A	\$20,000 / \$40,000	N/A	\$20,000 / \$40,000
PHARMACY INCLUDING CORE PLUS PREVENTIVE PDL				
Deductible	Same as medical	Same as medical	Same as medical	Same as medical
Copays	No Copay	No Copay	\$0 / \$25 / \$50	\$0 / \$25 / \$50
RATES				
Employee	\$1,029.17	\$1,040.26	\$1,024.95	\$1,035.91
Employee + Spouse	\$2,058.34	\$2,080.52	\$2,049.90	\$2,071.82
Employee + Child(ren)	\$1,749.59	\$1,768.44	\$1,742.42	\$1,761.05
Full Family	\$2,933.15	\$2,964.75	\$2,921.12	\$2,952.36

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