



Rate Guide

**Upstate New
York Small
Group (1-100)**



Q1 2026 Rates

Region: Area 1 (Albany, Columbia, Fulton,
Greene, Montgomery, Rensselaer, Saratoga,
Schenectady, Schoharie, Warren, Washington)

**United
Healthcare**

COPAY PLANS	Platinum					
	NY P CHC + NG 15/25/100 POS 26 EP3F	NY P SEL + NG 15/25/100 POS 26 EP3U	NY P CHC NG 15/25/100 EPO 26 EP3H	NY P SEL NG 15/25/100 EPO 26 EP3N	NY P CHC NG 10/25/100 EPO 26 EP39	NY P CHC + NG 10/30/100 POS 26 EP3K
COPAYMENTS						
In-Network PCP Copay	\$15	\$15	\$15	\$15	\$10	\$10
In-Network Specialist Copay	\$25	\$25	\$25	\$25	\$25	\$30
In-Network Hospital Copay	\$500 Admit	\$500 Admit	\$500 Admit	\$500 Admit	\$1,000 Admit	\$500 Admit
In-Network Emergency Room Copay	\$300	\$300	\$300	\$300	\$200	\$250
DEDUCTIBLES						
In-Network Deductible	\$0 / \$0	\$0 / \$0	\$0 / \$0	\$0 / \$0	\$0 / \$0	\$0 / \$0
Non-Network Deductible	\$5,000 / \$10,000	\$5,000 / \$10,000	N/A	N/A	N/A	\$5,000 / \$10,000
COINSURANCE						
In-Network Coinsurance	100%	100%	100%	100%	100%	100%
Non-Network Coinsurance	80%	80%	N/A	N/A	N/A	50%
OUT-OF-POCKET MAXIMUM (OOPM)						
In-Network OOPM	\$5,500 / \$11,000	\$5,500 / \$11,000	\$5,500 / \$11,000	\$5,500 / \$11,000	\$7,000 / \$14,000	\$5,000 / \$10,000
Non-Network OOPM	\$10,000 / \$20,000	\$10,000 / \$20,000	N/A	N/A	N/A	\$10,000 / \$20,000
PHARMACY						
Deductible	N/A	N/A	N/A	N/A	\$50 D on T2 & T3	N/A
Copays	\$5 / \$25 / \$50	\$5 / \$25 / \$50	\$5 / \$25 / \$50	\$5 / \$25 / \$50	\$5 / \$30 / \$60	\$5 / \$30 / 50%
RATES						
Employee	\$1,417.24	\$1,404.12	\$1,401.91	\$1,388.67	\$1,394.38	\$1,385.68
Employee + Spouse	\$2,834.48	\$2,808.24	\$2,803.82	\$2,777.34	\$2,788.76	\$2,771.36
Employee + Child(ren)	\$2,409.31	\$2,387.00	\$2,383.25	\$2,360.74	\$2,370.45	\$2,355.66
Full Family	\$4,039.15	\$4,001.75	\$3,995.46	\$3,957.72	\$3,974.00	\$3,949.21

COPAY PLANS	Platinum			
	NY P SEL + NG 10/30/100 POS 26 EP3V	NY P SEL NG 10/30/100 EPO 26 EP3P	NY P CHC + NG 10/40/80 POS 26 EP4C	NY P CHC NG 10/40/80 EPO 26 EP4D
COPAYMENTS				
In-Network PCP Copay	\$10	\$10	Adult: \$10 Child: \$0	Adult: \$10 Child: \$0
In-Network Specialist Copay	\$30	\$30	\$40 / \$80	\$40 / \$80
In-Network Hospital Copay	\$500 Admit	\$500 Admit	20%	20%
In-Network Emergency Room Copay	\$250	\$250	20%	20%
DEDUCTIBLES				
In-Network Deductible	\$0 / \$0	\$0 / \$0	\$0 / \$0	\$0 / \$0
Non-Network Deductible	N/A	N/A	\$5,000 / \$10,000	N/A
COINSURANCE				
In-Network Coinsurance	100%	100%	80%	80%
Non-Network Coinsurance	N/A	N/A	50%	N/A
OUT-OF-POCKET MAXIMUM (OOPM)				
In-Network OOPM	\$5,000 / \$10,000	\$5,000 / \$10,000	\$3,700 / \$7,400	\$3,700 / \$7,400
Non-Network OOPM	N/A	N/A	\$10,000 / \$20,000	N/A
PHARMACY				
Deductible	N/A	N/A	N/A	N/A
Copays	\$5 / \$30 / 50%	\$5 / \$30 / 50%	\$5 / \$40 / \$80	\$5 / \$40 / \$80
RATES				
Employee	\$1,372.82	\$1,357.89	\$1,343.60	\$1,328.93
Employee + Spouse	\$2,745.64	\$2,715.78	\$2,687.20	\$2,657.86
Employee + Child(ren)	\$2,333.79	\$2,308.41	\$2,284.12	\$2,259.18
Full Family	\$3,912.55	\$3,870.00	\$3,829.27	\$3,787.46

COPAY PLANS	Gold					
	NY G CHC NG 30/65/450/100 EPO 26 EP3L	NY G CHC NG 40/70/100 EPO 26 EP3I	NY G CHC + NG 40/60/1100/80 POS 26 EP3E	NY G SEL + NG 40/60/1100/80 POS 26 EP3W	NY G CHC NG 40/60/1100/80 EPO 26 EP3G	NY G CHC + NG 40/60/1700/80 POS 26 EP4B
COPAYMENTS						
In-Network PCP Copay	\$30	\$40	\$40	\$40	\$40	\$40
In-Network Specialist Copay	\$65	\$70	\$60	\$60	\$60	\$60
In-Network Hospital Copay	Ded + \$1,500 Admit	\$1,500 Admit	Ded + 20%	Ded + 20%	Ded + 20%	Ded + 20%
In-Network Emergency Room Copay	Ded + \$400	\$650	\$250	\$250	\$250	\$250
DEDUCTIBLES						
In-Network Deductible	\$450 / \$900	\$0 / \$0	\$1,100 / \$2,200	\$1,100 / \$2,200	\$1,100 / \$2,200	\$1,700 / \$3,400
Non-Network Deductible	N/A	N/A	\$5,000 / \$10,000	\$5,000 / \$10,000	N/A	\$5,000 / \$10,000
COINSURANCE						
In-Network Coinsurance	100%	100%	80%	80%	80%	80%
Non-Network Coinsurance	N/A	N/A	60%	60%	N/A	60%
OUT-OF-POCKET MAXIMUM (OOPM)						
In-Network OOPM	\$9,900 / \$19,800	\$9,200 / \$18,400	\$8,500 / \$17,000	\$8,500 / \$17,000	\$8,500 / \$17,000	\$8,500 / \$17,000
Non-Network OOPM	N/A	N/A	\$10,000 / \$20,000	\$10,000 / \$20,000	N/A	\$10,000 / \$20,000
PHARMACY						
Deductible	N/A	N/A	N/A	N/A	N/A	N/A
Copays	\$10 / \$50 / \$100	\$15 / \$100 / 50%	\$15 / \$50 / 50% up to \$800	\$15 / \$50 / 50% up to \$800	\$15 / \$50 / 50% up to \$800	\$15 / \$50 / 50% up to \$800
RATES						
Employee	\$1,230.62	\$1,211.27	\$1,192.83	\$1,181.79	\$1,177.76	\$1,181.40
Employee + Spouse	\$2,461.24	\$2,422.54	\$2,385.66	\$2,363.58	\$2,355.52	\$2,362.80
Employee + Child(ren)	\$2,092.05	\$2,059.16	\$2,027.81	\$2,009.04	\$2,002.19	\$2,008.38
Full Family	\$3,507.27	\$3,452.13	\$3,399.58	\$3,368.11	\$3,356.63	\$3,367.00

COPAY PLANS	Gold				
	NY G SEL + NG 15/30/1750/80 POS 26 EP3Y	NY G CHC NG 15/30/1750/80 EPO 26 EP3A	NY G SEL NG 15/30/1750/80 EPO 26 EP3X	NY G CHC + NG 15/50/2500/75 POS 26 EP4E	NY G CHC NG 15/50/2500/75 EPO 26 EP4F
COPAYMENTS					
In-Network PCP Copay	\$15	\$15	\$15	Adult: \$15 Child: \$0	Adult: \$15 Child: \$0
In-Network Specialist Copay	\$30	\$30	\$30	\$50 / \$100	\$50 / \$100
In-Network Hospital Copay	Ded + 20%	Ded + 20%	Ded + 20%	Ded + 25%	Ded + 25%
In-Network Emergency Room Copay	\$400	\$400	\$400	Ded + 25%	Ded + 25%
DEDUCTIBLES					
In-Network Deductible	\$1,750 / \$3,500	\$1,750 / \$3,500	\$1,750 / \$3,500	\$2,500 / \$5,000	\$2,500 / \$5,000
Non-Network Deductible	\$10,000 / \$20,000	N/A	N/A	\$10,000 / \$20,000	N/A
COINSURANCE					
In-Network Coinsurance	80%	80%	80%	75%	75%
Non-Network Coinsurance	50%	N/A	N/A	50%	N/A
OUT-OF-POCKET MAXIMUM (OOPM)					
In-Network OOPM	\$8,600 / \$17,200	\$8,600 / \$17,200	\$8,600 / \$17,200	\$7,150 / \$14,300	\$7,150 / \$14,300
Non-Network OOPM	\$20,000 / \$40,000	N/A	N/A	\$20,000 / \$40,000	N/A
PHARMACY					
Deductible	N/A	N/A	N/A	N/A	N/A
Copays	\$10 / \$65 / 50% up to \$800	\$10 / \$65 / 50% up to \$800	\$10 / \$65 / 50% up to \$800	\$10 / \$50 / \$100	\$10 / \$50 / \$100
RATES					
Employee	\$1,165.82	\$1,164.00	\$1,153.09	\$1,136.21	\$1,124.91
Employee + Spouse	\$2,331.64	\$2,328.00	\$2,306.18	\$2,272.42	\$2,249.82
Employee + Child(ren)	\$1,981.89	\$1,978.80	\$1,960.25	\$1,931.56	\$1,912.35
Full Family	\$3,322.59	\$3,317.41	\$3,286.31	\$3,238.21	\$3,206.01

COPAY PLANS	Silver				Bronze	
	NY S CHC + NG 40/80/3750/80 POS 26 EP35	NY S CHC + NG 15/50/7000/75 POS 26 EP4G	NY S CHC NG 15/50/7000/75 EPO 26 EP4H	NY S CHC NG 30/75/4250/50 EPO 26 EP3B	NY B CHC NG 35/60/6150/70 EPO 26 EP3M	
COPAYMENTS						
In-Network PCP Copay	Ded + \$40	Adult: \$15 Child: \$0	Adult: \$15 Child: \$0	\$30	Ded + \$35	
In-Network Specialist Copay	Ded + \$80	\$50 / \$100	\$50 / \$100	\$75	Ded + \$60	
In-Network Hospital Copay	Ded + 20%	Ded + 25%	Ded + 25%	Ded + 50%	Ded + 30%	
In-Network Emergency Room Copay	Ded + \$500	Ded + 25%	Ded + 25%	Ded + \$900	Ded + \$350	
DEDUCTIBLES						
In-Network Deductible	\$3,750 / \$7,500	\$7,000 / \$14,000	\$7,000 / \$14,000	\$4,250 / \$8,500	\$6,150 / \$12,300	
Non-Network Deductible	\$6,000 / \$12,000	\$10,000 / \$20,000	N/A	N/A	N/A	
COINSURANCE						
In-Network Coinsurance	80%	75%	75%	50%	70%	
Non-Network Coinsurance	60%	50%	N/A	N/A	N/A	
OUT-OF-POCKET MAXIMUM (OOPM)						
In-Network OOPM	\$9,300 / \$18,600	\$9,700 / \$19,400	\$9,700 / \$19,400	\$9,100 / \$18,200	\$9,200 / \$18,400	
Non-Network OOPM	\$10,000 / \$20,000	\$20,000 / \$40,000	N/A	N/A	N/A	
PHARMACY						
Deductible	N/A	\$100 D on T2 & T3	\$100 D on T2 & T3	\$100 D on T2 & T3	Same as medical	
Copays	\$5 / \$45 / \$90	\$10 / \$50 / \$100	\$10 / \$50 / \$100	\$15 / \$65 / 50% up to \$800	\$10 / \$40 / \$60	
RATES						
Employee	\$1,026.60	\$1,017.90	\$1,006.60	\$1,005.69	\$943.09	
Employee + Spouse	\$2,053.20	\$2,035.80	\$2,013.20	\$2,011.38	\$1,886.18	
Employee + Child(ren)	\$1,745.22	\$1,730.43	\$1,711.22	\$1,709.67	\$1,603.25	
Full Family	\$2,925.82	\$2,901.03	\$2,868.82	\$2,866.22	\$2,687.81	

DEDUCTIBLE HSA	Gold					
	NY G CHC NG 1800/100 EPO HSA 26 EP3Q	NY G SEL NG 1800/100 EPO HSA 26 EP3S	NY G CHC NG 1800/80 EPO HSA 26 EP3C	NY G CHC + NG 3500/100 POS HSA 26 EP4A	NY G CHC NG 2500/100 EPO HSA 26 EP3R	NY G SEL NG 2500/100 EPO HSA 26 EP3T
COPAYMENTS						
In-Network PCP Copay	Ded + 0%	Ded + 0%	Ded + 20%	Ded + 0%	Ded + 0%	Ded + 0%
In-Network Specialist Copay	Ded + 0%	Ded + 0%	Ded + 20%	Ded + 0%	Ded + 0%	Ded + 0%
In-Network Hospital Copay	Ded + \$1,200 Admit	Ded + \$1,200 Admit	Ded + 20%	Ded + 0%	Ded + \$1,200 Admit	Ded + \$1,200 Admit
In-Network Emergency Room Copay	Ded + \$500	Ded + \$500	Ded + 20%	Ded + 0%	Ded + \$500	Ded + \$500
DEDUCTIBLES						
In-Network Deductible	\$1,800 / \$3,600	\$1,800 / \$3,600	\$1,800 / \$3,600	\$3,500 / \$7,000	\$2,500 / \$5,000	\$2,500 / \$5,000
Non-Network Deductible	N/A	N/A	N/A	\$5,000 / \$10,000	N/A	N/A
COINSURANCE						
In-Network Coinsurance	100%	100%	80%	100%	100%	100%
Non-Network Coinsurance	N/A	N/A	N/A	70%	N/A	N/A
OUT-OF-POCKET MAXIMUM (OOPM)						
In-Network OOPM	\$5,500 / \$8,900	\$5,500 / \$8,900	\$5,000 / \$10,000	\$3,500 / \$7,000	\$5,500 / \$8,900	\$5,500 / \$8,900
Non-Network OOPM	N/A	N/A	N/A	\$10,000 / \$20,000	N/A	N/A
PHARMACY INCLUDING CORE PLUS PREVENTIVE PDL						
Deductible	Same as medical	Same as medical	Same as medical	Same as medical	Same as medical	Same as medical
Copays	\$5 / \$45 / \$90	\$5 / \$45 / \$90	\$5 / \$45 / \$90	Ded + 0%	\$5 / \$45 / \$90	\$5 / \$45 / \$90
RATES						
Employee	\$1,181.14	\$1,170.10	\$1,156.08	\$1,164.13	\$1,146.34	\$1,135.69
Employee + Spouse	\$2,362.28	\$2,340.20	\$2,312.16	\$2,328.26	\$2,292.68	\$2,271.38
Employee + Child(ren)	\$2,007.94	\$1,989.17	\$1,965.34	\$1,979.02	\$1,948.78	\$1,930.67
Full Family	\$3,366.26	\$3,334.80	\$3,294.84	\$3,317.78	\$3,267.08	\$3,236.72

DEDUCTIBLE HSA	Silver						
	NY S SEL NG 30/50/3000/100 EPO HSA 26 EP30	NY S CHC NG 30/50/3000/100 EPO HSA 26 EP36	NY S CHC + NG 30/50/3000/100 POS HSA 26 EP3J	NY S CHC + NG 30/60/3250/90 POS HSA 26 EP37	NY S CHC + NG 30/60/3250/90 POS HSA 26 EP38	NY S CHC NG 3400/80 EPO HSA 26 EP3D	NY S CHC NG 5100/100 EPO HSA 26 EP3Z
COPAYMENTS							
In-Network PCP Copay	Ded + \$30	Ded + \$30	Ded + \$30	Ded + \$30	Ded + \$30	Ded + 20%	Ded + 0%
In-Network Specialist Copay	Ded + \$50	Ded + \$50	Ded + \$50	Ded + \$60	Ded + \$60	Ded + 20%	Ded + 0%
In-Network Hospital Copay	Ded + \$1,500 Admit	Ded + \$1,500 Admit	Ded + \$1,500 Admit	Ded + 10%	Ded + 10%	Ded + 20%	Ded + 0%
In-Network Emergency Room Copay	Ded + \$500	Ded + \$500	Ded + \$500	Ded + 10%	Ded + 10%	Ded + 20%	Ded + 0%
DEDUCTIBLES							
In-Network Deductible	\$3,000 / \$6,000	\$3,000 / \$6,000	\$3,000 / \$6,000	\$3,250 / \$6,500	\$3,250 / \$6,500	\$3,400 / \$6,800	\$5,100 / \$10,200
Non-Network Deductible	N/A	N/A	\$5,000 / \$10,000	\$5,000 / \$10,000	\$5,000 / \$10,000	N/A	N/A
COINSURANCE							
In-Network Coinsurance	100%	100%	100%	90%	90%	80%	100%
Non-Network Coinsurance	N/A	N/A	50%	50%	80%	N/A	N/A
OUT-OF-POCKET MAXIMUM (OOPM)							
In-Network OOPM	\$8,300 / \$16,600	\$8,300 / \$16,600	\$8,300 / \$16,600	\$7,850 / \$15,700	\$7,850 / \$15,700	\$8,300 / \$16,600	\$8,500 / \$17,000
Non-Network OOPM	N/A	N/A	\$10,000 / \$20,000	\$10,000 / \$20,000	\$10,000 / \$20,000	N/A	N/A
PHARMACY INCLUDING CORE PLUS PREVENTIVE PDL							
Deductible	Same as medical	Same as medical	Same as medical	Same as medical	Same as medical	Same as medical	Same as medical
Copays	\$10 / \$40 / \$60	\$10 / \$40 / \$60	\$10 / \$40 / \$60	\$15 / \$35 / \$75	\$15 / \$35 / \$75	\$15 / \$35 / \$75	\$15 / \$35 / \$75
RATES							
Employee	\$1,038.16	\$1,046.99	\$1,061.01	\$1,052.96	\$1,059.58	\$1,018.94	\$1,015.82
Employee + Spouse	\$2,076.32	\$2,093.98	\$2,122.02	\$2,105.92	\$2,119.16	\$2,037.88	\$2,031.64
Employee + Child(ren)	\$1,764.87	\$1,779.88	\$1,803.72	\$1,790.03	\$1,801.29	\$1,732.20	\$1,726.89
Full Family	\$2,958.76	\$2,983.93	\$3,023.89	\$3,000.94	\$3,019.82	\$2,903.99	\$2,895.09

DEDUCTIBLE HSA	Bronze			
	NY B CHC NG 7750/100 EPO HSA 26 EP32	NY B CHC + NG 7750/100 POS HSA 26 EP29	NY B CHC NG 6000/70 EPO HSA 26 EP34	NY B CHC + NG 6000/70 POS HSA 26 EP33
COPAYMENTS				
In-Network PCP Copay	Ded + 0%	Ded + 0%	Ded + 30%	Ded + 30%
In-Network Specialist Copay	Ded + 0%	Ded + 0%	Ded + 30%	Ded + 30%
In-Network Hospital Copay	Ded + 0%	Ded + 0%	Ded + 30%	Ded + 30%
In-Network Emergency Room Copay	Ded + 0%	Ded + 0%	Ded + 50%	Ded + 50%
DEDUCTIBLES				
In-Network Deductible	\$7,750 / \$15,500	\$7,750 / \$15,500	\$6,000 / \$12,000	\$6,000 / \$12,000
Non-Network Deductible	N/A	\$10,000 / \$20,000	N/A	\$10,000 / \$20,000
COINSURANCE				
In-Network Coinsurance	100%	100%	70%	70%
Non-Network Coinsurance	N/A	50%	N/A	50%
OUT-OF-POCKET MAXIMUM (OOPM)				
In-Network OOPM	\$7,750 / \$15,500	\$7,750 / \$15,500	\$8,300 / \$16,600	\$8,300 / \$16,600
Non-Network OOPM	N/A	\$20,000 / \$40,000	N/A	\$20,000 / \$40,000
PHARMACY INCLUDING CORE PLUS PREVENTIVE PDL				
Deductible	Same as medical	Same as medical	Same as medical	Same as medical
Copays	No Copay	No Copay	\$0 / \$25 / \$50	\$0 / \$25 / \$50
RATES				
Employee	\$951.54	\$961.80	\$947.64	\$957.77
Employee + Spouse	\$1,903.08	\$1,923.60	\$1,895.28	\$1,915.54
Employee + Child(ren)	\$1,617.62	\$1,635.06	\$1,610.99	\$1,628.21
Full Family	\$2,711.90	\$2,741.14	\$2,700.79	\$2,729.66

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